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No organs of the human body are so important to health and long life as the kidneys. When they slow up and commence to lag in their duties, look out: Find out what the trouble is—without delay. Whenever you feel nervous, weak, digry suffer from sleeplessness, or have pains in the back—easke up of once. Your kidneys need help. There are signs to warn you that your kidneys are not performing their functions properly. They are only half doing their work and are allowing impurities to accumulate and to converted into uric acid and other poisons, which are causing you distress and will

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COUNTY EDUCATIONAL COLUMN

By County Sup't of Public Instruction
Alberta Green-Murphy.

I am sure we all feel a just sense of pride in the material and commercial interests of our great state, and would rejoice to see them extended and developed to the very highest degree. But a state cannot be truly great when measured by material and commercial stand, ards alone; nor can a people rise to the highest station of character, dignity and real power whose thought is absorbed in the accumulation of material wealth and commercial expansion (proper and necessary as these things are) to the exclusion of the vitally important subject of EDUCATION. A different mental attitude, a higher conception of the functions and value of our Public Schools, among the tay-payers and citizens of the state must be made to feel that these institutions, which touch and influence our lives so intimately, and without which all material and commercial values would sink into insignificance, are not objects of charity an detinted benevolence, but are indeed the most vital, the most indispensable, and should be the most cherished matitutions of our boasted Democracy.

Last year a War Savings Society was organized in a majority of the

stamps. The W. S. Society of the Fortescue Intermediate School, which was one of the banner societies last year has selected its officers for the coming year: May Whipple for pres-ident, and Earl Smith for secretary. \ Miss Fate, District Club Organizer, Miss DeVault and the Superintendent visited a number of schools during the

visited a number of schools during the week, and a number of clubs were visited a number of schools during the week, and a number of clubs were organized. Thursday morning was spent in the Idlewilde school. We were invited to stay and partake of the "hot lunch," which we ejoyed very much; the Superintendent decided that although she had tried to tell about the lunch in these notes last week, "the haif has not been told." Any teacher who has her doubts about the feasibility and practicability of carryfeasibility and practicability of carry-ing on this hot lunch during the cold months at least would do well to make a little visit to this school in the neighborhood of the noon hour. We feel sure that she would become an enthusiast and that her school next year would be improved to that ex-tent.

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Last year a War Savings Society was organized in a majority of the schools. We are asked to continue these societies in the schools; so I shall ask every school that did not do so last year to organize this year, and those schools that have organizations to continue their organizations by electing officers for another year. The object of these societies is to encourage thrift among the members also to encourage the buying of Thrift

Miss England and her assistants possess the executive ability and perseverence necessary to attack problems and bring them to a successful issue. Friday morning a short time was spent in the Woodville school. Miss Anna Markt showed us the work of the members of her sewing club. The work was really beautiful—the small, neat, regular stitches attracted our attention at once. Miss Fate said that the work was the best that she had seen by any club in this part of the state. Indeed she said that it was better than the work of its kind exhibited at the State Club meeting in January. And the remarkable part of it all is that the greater number of the members of this club are boys. We were much interested, also, in the washbench, the nail-box and several other things that had been made by the members of the Vitalized Agriculture class.

From Woodville we went to New and highly passed out of this life beyond last spend out of this life beyond last saved out of this life beyond last spend in the local bard bard. I month 13 days.

Mr. Larkam was county. Indiana, Free children—tw daughter. All the had preceded Bro. In young manhe short time in Characteristics of twenty. Jan. I saved the returned to It in the army of the of twenty. Jan. I saved the properties of twenty and the properties of twenty. Jan. I saved the properties of the prope

class.

From Woodville we went to New Point. We spent a short time in the high school, looked for a minute into the grammar room where Mr. Turpen was putting up some splendid pictures of birds done in water color, the work of his pupils, this being Bird Day. Then we went into Miss Acton's room. Miss Acton is one of the teachers selected by the Superintendent to take the course in Vitalized Agriculture. Her teaching certainly shows it. The children are indeed being taught in terms of their environment, and they seem to be as happy, lively, sprightly a bunch of bright pupils as can be found anywhere.

In the afternoon we went to con-In the afternoon we went to consolidated district No. 1, where we met
Mr. Fants, the principal of the high
school and his assistant, Alias Myrtic
Hayalett—also Miss Grace Hayalett,
the teacher of Dale Center school.
We had the pleasure, also, of seeing
Mr. Zachary, the president of the
school board. We had hoped to have
time to visit the Blair school—but
by the time we left Liberty township
the afternoon was far spent. It was the afternoon was far spent. It was very nearly six o'clock when we reached the home of Mr. and Mri. Elmer Shunkwiler, where we were hospitably entertained to a bountiful

Elmer Shunkwiler, where we were hospitably entertained to a bountiful supper.

We attended the Blair Community meeting that evening. Mr. Penny Miles is president of this ogfanization, and Miss Blevins, the teacher of Blair school is secretary. This neighborhold is certainly to be commended on its enterprise in keeping up this organization. A splendid program was given to an audience of between three and four hundred people. Several good musical numbers were given, and the pupils of the school gave recitations and a good dialogue—but the best number of all, perhaps, was the exercise in Vitalized Agriculture in which the pupils told of the things done in Blair school. Short talks were made by Miss DeVault, Miss Fate, Mr. Swarner, the Supermetandent, and Mr. Armond, a gentleman from Arkansas, who spoke on bee culture. At the close of the program refreshments, consisting of hot "Wiennies," bread and pickles were served by the men. Everyone had an opportunity to have a nice little visit with others present, and sociability was every, where in evidence. These meetings are worth while and should be a feasure of every school district in the county.

The bird Charts and booklets which were ordered some time in January is a reworth while and should be a feasure of every school district in the county.

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county.

The bird Charts and booklets which were ordered some time in January have not yet come. This is a matter of regret to the Superintendent. However, she hopes that the teachers will make use of them when they do come. Quite a number of reports are in for the third quarter of the school term. The schools of seven months are soon coming to a close. Two schools—Burr Oak and Monarch have already closed.

The roelling words are: apron, autumn, canal, climb, moisture, creature, juicy, thorough, besiege, chisel, mosquitoes, miscellaneous, Philippines, hoeing, hypocrite, hermorrhage, horiz-

hoeing, hypocrite, hermorrhage, horiz-on, heroism, hurrah, counterfeit, fa-tigue, gingham, linen, appearance, catarrh, accommodate.

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-J. C. Curtis, Dentist, Logan Bldg. 8th and Edmonds Sts., Joseph, Mo.

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BOTH 'PHONES

Horace Larkam, Sr., oue of our well horace Larkam, Sr., oue of our well known and highly respected citizens passed out of this life to the larger life beyond last Tuesday morning, March 18, at 10:30, from his late resi-dence in Maitland, Mo., aged 76 years,

Mr. Larkam was born in Franklin county, Indiana, Feb. 5, 1843, being the second son of Horace Larkham and wife, Eleanor Larkam, in a family of children-two sons daughter. All the immediate family had preceded Bro. Larkam to the bet-

In young manhood he lived for a short time in Champaign county, Iil., then returned to Indiana and enlisted in the army of the Union at the age of twenty, Jan. 13th, 1864, in the 63rd Infantry, and was transferred to the 128th Infantry. He served under General Sheridan in the East, and also under General Sheridan in the East, under General Sheridan in the East, and also under General Sherman in the "March to the sea," and was honorably discharged in April 6, 1866. In May, 1866, he came to Holt county, Mo., locating first at Oregon, and un October 8, 1868, was married to Sarah Norvell, at the old Norvell home, Richwille, Mo. To this union were born eleven children, all of whom survive, except one daughter, who died vive, except one daughter, who died bec. 5, 1908. Mr. and Mrs. Larkam located on a farm in Clay township, near Maitland, March 19, 1870, where they made their home and re their family. Failing health prom him to move to Maitland this winter to be relieved from the care of the farm. Brother Larkam had goed an carnest Christian life for many years and has been a member of the Methodist Church in Maitland ince 1905.

Beside his faithful wife, the Reside his faithful wife, the surviving children are as follows: Mrs. Lura Ocken, McLouth, Kansas; Mrs. Dora Hester, Mound City, Mo.; Charles N., Culdeaac, Idaho; Mrs. Emma Crider, Oregon, Mo.; Mrs. Mollie Mitchell, Maitland, Mo.; John C., Wilsall, Montana; Myrtle and Bertha, Maitland; Logan, Wilsall, Montana; Horace R., Maitland, all of whom were present, except Mrs. Emma Crider, who could not be present on account of illness, and John ..., who also could not come.

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